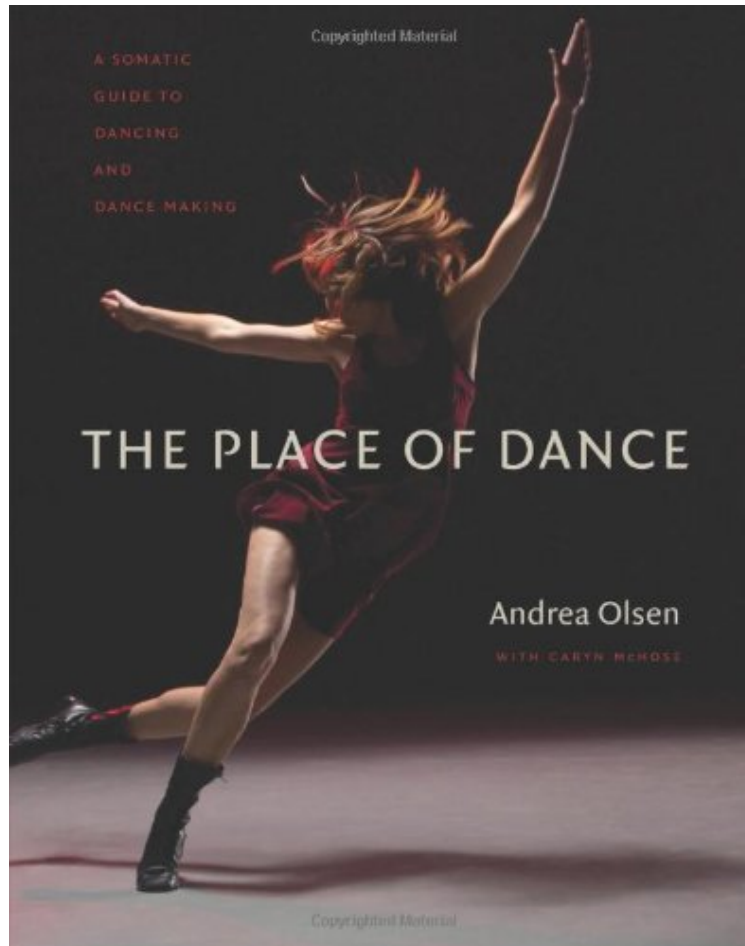


The Place of Dance: A Somatic Guide to Dancing and Dance Making

Andrea Olsen

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Andrea Olsen : The Place of Dance: A Somatic Guide to Dancing and Dance Making before purchasing it in order to gage whether or not it would be worth my time, and all praised The Place of Dance: A Somatic Guide to Dancing and Dance Making:

4 of 4 people found the following review helpful. AmazingBy kmac13Whoa! This is the type of text that I will read over and over and likely get new inspirations each time.0 of 0 people found the following review helpful. Five StarsBy Jane QuigleySo much of what is written informs my deep explorations as I work alone or with my students.2 of 3 people found the following review helpful. Five StarsBy N.r.RoyalWonderful book. I love it.

The Place of Dance is written for the general reader as well as for dancers. It reminds us that dancing is our nature, available to all as well as refined for the stage. Andrea Olsen is an internationally known choreographer and educator

who combines the science of body with creative practice. This workbook integrates experiential anatomy with the process of moving and dancing, with a particular focus on the creative journey involved in choreographing, improvising, and performing for the stage. Each of the chapters, or days, introduces a particular theme and features a dance photograph, information on the topic, movement and writing investigations, personal anecdotes, and studio notes from professional artists and educators for further insight. The third in a trilogy of works about the body, including *Bodystories: A Guide to Experiential Anatomy* and *Body and Earth: An Experiential Guide*, *The Place of Dance* will help each reader understand his/her dancing body through somatic work, create a dance, and have a full journal clarifying aesthetic views on his or her practice. It is well suited for anyone interested in engaging embodied intelligence and living more consciously.

This title explores four movement themes: moving, making, collaborating, and living. Olsen provides useful ideas, structure, and support for those interested in movement exploration. Barbara Kundanis, *Library Journal*