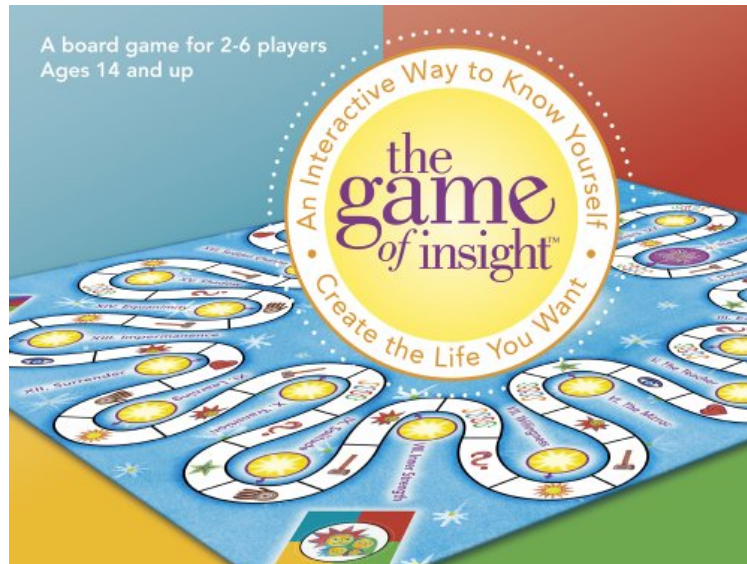


(Download) The Game of Insight: An Interactive Way to Know Yourself Create the Life You Want (with gameboard)

The Game of Insight: An Interactive Way to Know Yourself Create the Life You Want (with gameboard)

Lynn Newman Zavaro
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Lynn Newman Zavaro : The Game of Insight: An Interactive Way to Know Yourself Create the Life You Want (with gameboard) before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Game of Insight: An Interactive Way to Know Yourself Create the Life You Want (with gameboard):

1 of 2 people found the following review helpful. Great game! By AG33I'm so excited this game is available. I love board games, and this one incorporates so much more than just fun - there's that too, along with deep insight, learning, growth, stimulating communication, humor, and more. It's a great game to play with a group, or with your partner, for a more intimate ride. Every time I play the game, it blows my mind and opens my heart. I love this game!! 0 of 3 people found the following review helpful. This game changed my life By Addicted2PRIME WOW this is a game changing game 8 of 8 people found the following review helpful. Colorful, fun and a boon to understanding self and life By Thomas Freese The Game of Insight is a well-designed and enjoyable game to play with at least one other player and up to six players. At first I felt a bit of resistance to playing, as the board and cards appeared just a bit too meaningful for this tough guy. But I found a game buddy and we kept open minds and soon we were engrossed in friendly conversation, thoughtful reflection and rewarding interaction! The nine board symbols are colorful and simple to grasp. The board is intriguing, allowing for adult memories of fun board games played in times past. Each player writes down an issue and an intention to better get understanding on that issue. It may sound a bit vague when reading the directions, but I guarantee you, all will be revealed by the process of sending the glass movers around the board, self-reflecting on prompts given in the cards, and playfully watching one's own or the other players' movers get shuttled back down from near finish to another spot on the board. All sense of win-lose competition is gently set aside through the well-constructed interplay of helping self and the fellow players. There are four sets of cards placed in each corner, and players, when directed to draw a card, need not pick from the top another fun way to let go of linear playing. The

four cards concern relationships, (life) tools, life path and day-to-day (suggestions for help and awareness). There is enough variety between board stops, hundreds of cards, and issues to be chosen, that a player could play with a partner one night, then the following week play with a brother or sister, or the week after that, bring the Game of Insight to a group or retreat. It seems it could be a nice complement for use also by counselors and therapists, but any teenager or adult can find plenty of fun and inner exploration on their own. Handy sheets to fill out at the end of the game provide additional opportunities to find thematic insights by looking at patterns of cards collected. I played the Game of Insight to find some wisdom about a recent relationship event, and my game buddy intended to find awareness for increasing her prosperity. But to be honest, the game took us all over the map of fun and insightful sharing and conversation about many areas of our lives, and more discussion not directly suggested by the card prompts. In our first game, 60 minutes flew by! Finding a greater awareness of our own inner workings was the prize, as well as enjoying getting to know each other.

This board game is about you, and when you play it, you will take on the role of the Explorer into your own life and being! Powerful, profound, and fun, the object of this game is to resolve any issue of each player's choosing. Discover your purpose on your life path, gain helpful insight into relationships, receive guidance to manage your day-to-day obstacles, and learn transformative tools in a dynamic group experience. Through heartfelt interaction, as well as through feedback from the game cards, each player makes positive change on the mental, emotional, spiritual, and physical levels. Create what you desire with this unique game play, offering a magical, surprising, awakening, and life-changing adventure.

About the Author Lynn Zavaro is a writer, artist and teacher who has emerged as a defining voice in the art of guiding others to know themselves and create the life they want through the lens of spiritual psychology. She has a Masters degree in Counseling Psychology and has worked in a clinic counseling individuals, couples, children and youth groups. Lynn developed a series of interactive and experiential books and games to support others in having fun while artfully discovering themselves on their creative life paths. The Game of You Book and Card Deck set is also available through Schiffer Publishing, Ltd.