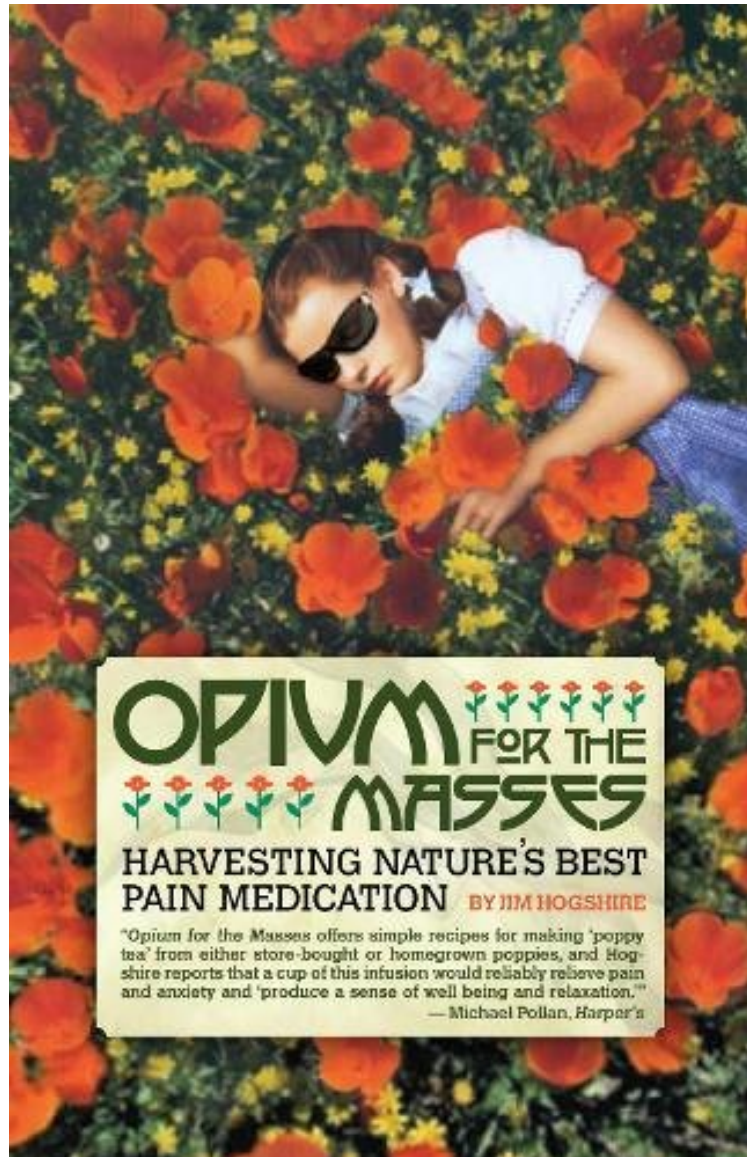


(Download free ebook) Opium for the Masses: Harvesting Nature's Best Pain Medication

# Opium for the Masses: Harvesting Nature's Best Pain Medication

*Jim Hogshire*

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**Jim Hogshire : Opium for the Masses: Harvesting Nature's Best Pain Medication** before purchasing it in order to gage whether or not it would be worth my time, and all praised Opium for the Masses: Harvesting Nature's Best Pain Medication:

1 of 1 people found the following review helpful. This book is very detailed on how to grow poppies ...By Jillian D. HallThis book is very detailed on how to grow poppies, the history behind it, and gives recipes on what you can do with the poppy pods. Very informational! A+0 of 0 people found the following review helpful. The more you knowBy

Jason Mosser If you're looking for a book that jumps right into production with nothing else then this isn't for you. However, if you enjoy a bit of anecdotal reading as well as informative, then I highly suggest this book. Jim Hogshire has a style of writing that resonates with me. I've read this and *Pills-a-go-go* and enjoyed both. I would say also don't rush out and try to buy poppy or produce poppy after reading this (depending on your location) it is illegal in the United States to grow or produce poppy for its opium effects. But this will give you the albeit dangerous knowledge of how 2 of 2 people found the following review helpful. Great information. The copy I have has a lot ... By chitongreat information. The copy I have has a lot of editing errors

"Contrary to general belief, there is no federal law against growing *P. somniferum*." *Martha Stewart Living* "Regarded as 'God's own medicine,' preparations of opium were as common in the Victorian medicine cabinet as aspirin is in ours. As late as 1915, pamphlets issued by the U.S. Department of Agriculture were still mentioning opium poppies as a good cash crop for northern farmers. Well into this century, Russian, Greek, and Arab immigrants in America have used poppy-head tea as a mild sedative and a remedy for headaches, muscle pain, cough, and diarrhea. During the Civil War, gardeners in the South were encouraged to plant opium for the war effort, in order to ensure a supply of painkillers for the Confederate Army. What Hogshire has done is to excavate this vernacular knowledge and then publish it to the world in how-to form, with recipes." *Michael Pollan* First published fifteen years ago, *Opium for the Masses* instantly became a national phenomenon. Michael Pollan wrote a lengthy feature ("Opium, made easy") about Jim Hogshire in *Harpers Magazine*, amazed that the common plant, *P. somniferum*, or opium poppies, which grows wild in many states and is available at crafts and hobby stores and nurseries, could also be made into a drinkable tea that acts in a way similar to codeine or Vicodin. With *Opium for the Masses* as their guide, Americans can learn how to supplement their own medicine chest with natural and legal pain medicine, without costly and difficult trips to the doctor and pharmacy.

"A history and how-to guide that's been a fringe top seller." -- *Newsweek* "This highly readable book fills a knowledge void and will prove valuable and informative to anyone interested in botanical medicine or, of course, opium and the poppies that it comes from." -- Tom Squier, *The Spring Lake News* "This book is a little treasure, a jewel. It is informative and funny." -- *High Times*