

Movers Shakers: Brain Breaks Physical Activity Game (Movers Shakers Cards) (Volume 1)

Andrew Frinkle

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#1432071 in Books 2015-02-17Original language:EnglishPDF # 1 11.00 x .7 x 8.50l, .26 #File Name:
150852578126 pages | File size: 40.Mb

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before purchasing it in order to gage whether or not it would be worth my time, and all praised Movers Shakers: Brain Breaks Physical Activity Game (Movers Shakers Cards) (Volume 1):

Movers Shakers is a fun, simple game designed to get kids engaged and moving. Use it to stimulate minds and get blood pumping. Play a set amount of cards, play for set amount of time, or just play until everyone is energized and ready to continue the lesson! This makes a great preschool and kindergarten activity, as well as a really fun rainy day P.E. game! Its simple. Flip over a card, and follow the directions. Movers Cards get you moving doing easy or funny

actions. Shakers Cards change the rules to make things more interesting! Have a student read the directions on the card, or get involved with them. The variety of cards makes playing again and again a great thing!