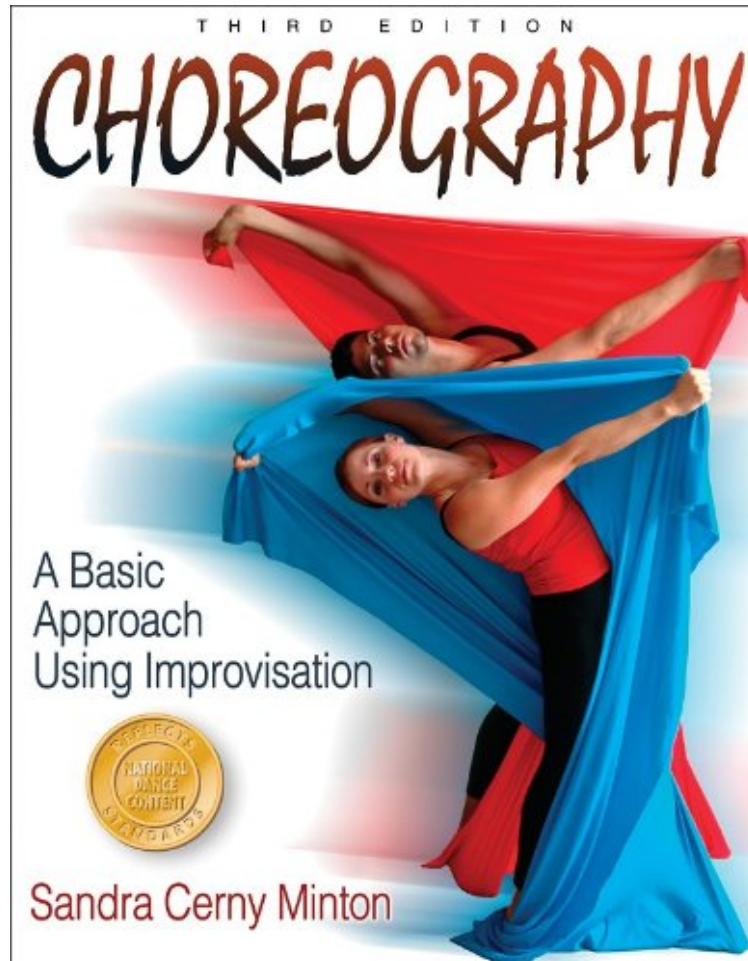


Choreography: A Basic Approach Using Improvisation - 3rd Edition

Sandra Cerny Minton

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Choreography: A Basic Approach Using Improvisation is the complete guide to understanding the entire process of choreography, from concept to stage production. Thousands of dancers and dance instructors have used the first two editions of this book to solve common challenges in choreography, improvise movement phrases, expand movements into dances, and organize dances into complete productions and concerts. This updated edition includes examples of how today's multimedia technology can be used to enhance choreography with special lighting effects, slide and PowerPoint projections, virtual dance performances, video conferencing, and motion capture. Each chapter contains movement exploration exercises, review and reflection questions, and application challenges that will help readers develop a better understanding of the choreographic concepts provided. And more than 70 high-quality photos provide a visual frame of reference and clarify key concepts. **Choreography: A Basic Approach Using Improvisation** bridges the theoretical and practical aspects of the choreographic process. It is an excellent reference for serious dancers, choreographers, dance instructors, and teachers who want to understand the creative process of transforming movement into dance.

From the Back Cover
Solve common problems in choreography, design and shape movements into a dance, and organize a concert with **Choreography: A Basic Approach Using Improvisation**. Each chapter offers movement exploration exercises, review and reflection questions, and application challenges to help you understand the choreographic process from concept to stage performance. This updated edition also includes examples of how today's multimedia technology can be used to enhance choreography with special lighting effects, slide and PowerPoint projections, virtual dance performances, video conferencing, and motion capture. **Choreography: A Basic Approach Using Improvisation** will help you to use improvisation and explore movements representative of an idea, concept, or dance style; vary movements based on the understanding of space, time, energy, and shape; integrate choreographic form and structure to shape a dance for meaning or intent; and plan a dance performance, from auditions and rehearsals to technical support and final production. Whether you are a dancer, choreographer, or instructor, **Choreography: A Basic Approach Using Improvisation** is an invaluable resource for enriching your choreographic experiences and creating memorable stage productions.
About the Author Sandra Cerny Minton, PhD, was professor and dance director at the University of Northern Colorado from 1972 to 1998. She is now a dance specialist in the public schools. Her other books include *Modern Dance: Body Mind* (1991), *Dance Mind Body* (2003), and *Preventing Dance Injuries* (2005), on which she served as a coeditor. Dr. Minton's research has focused on dance teachers' behaviors, the role of imagery in teaching dance, and the effects of dance on students' self-esteem and creative thinking. This research has been published in several peer-reviewed journals. In 1999, Dr. Minton was selected as the National Dance Association Artist/Scholar, and in 2001 she taught in Finland as a Fulbright Scholar.