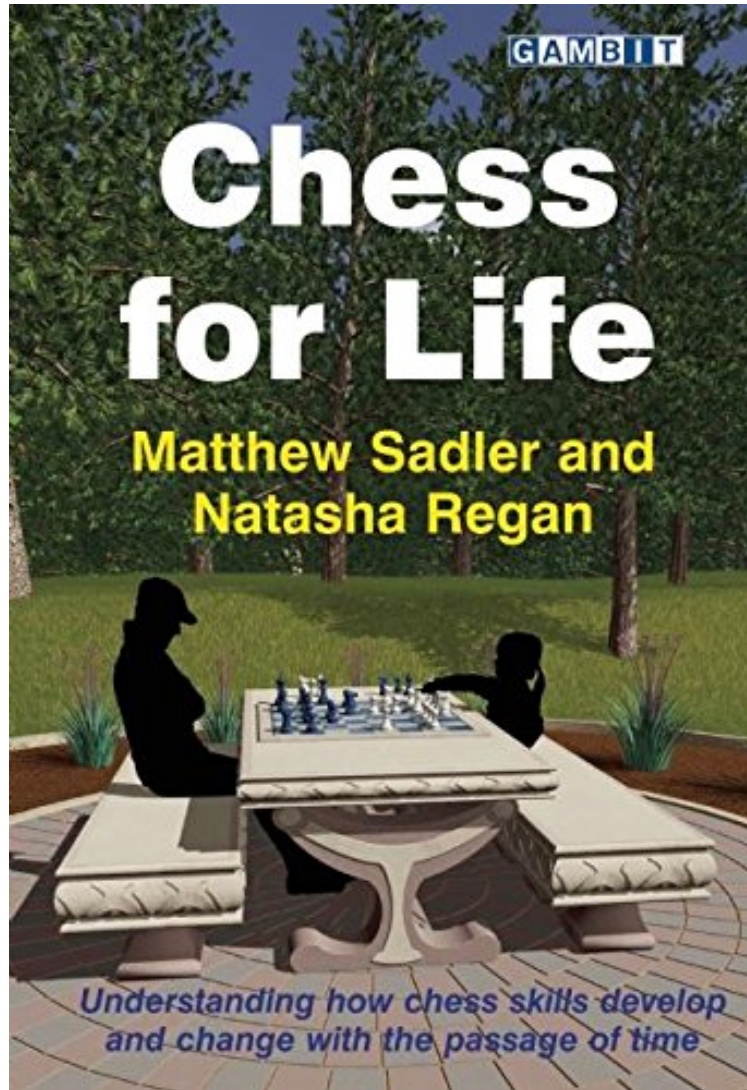


(Download pdf ebook) Chess for Life

Chess for Life

Matthew Sadler, Natasha Regan
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#804001 in Books The House of Staunton, Inc. 2016-03-29Original language:EnglishPDF # 1 9.60 x .60 x 6.70l, .0 #File Name: 1910093831224 pagesAuthor: Matthew Sadler,Natasha ReganPages: 222Publication Years: 2016 | File size: 19.Mb

Matthew Sadler, Natasha Regan : Chess for Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Chess for Life:

11 of 12 people found the following review helpful. A great author with another very satisfying readBy ObjectiveLet's just say I've read a lot of chess books. There are many good authors out there, like Aagard, Dvoretzky, Soltis, Silman and even our home grown Tay! Sadler hasn't written many books but I must say, I've read and enjoyed every one. The first was the only book that ever made me understand the Queen's gambit now nearly 20 years ago. That's not an easy

feat considering how many subtleties and nuances there are, which featured in world championships from Capablanca, all the way to Kasparov. There was the book he wrote when he first came back to chess which was inspiring for a fellow amateur like me. And now this gem. Again, perfect for an audience like me - someone who loves the game, played some nice games before, but now it is a very nice hobby amidst a full time job and a growing family. The book is choke full with real advice for older players who may be past our prime but still love the game and want to play beautiful chess. I particularly liked the chapters on Arkell and Cramling. Both have a high win percentage against weaker players (but not hackers by any means - 2200+ types) especially with White, mainly because of well honed opening systems which they understand really well. I also enjoyed the chapter on Tiviakov, whom I actually had the pleasure of playing once before (got killed with Black in a brutal fashion) and how switching to a side opening (scandi with qd6) helped him improve his practical results. I believe it was Arkell who said in the interview that he found watching strong grandmasters play blitz or bullet online helped his play. I've been doing exactly that before reading this book (mostly Hansen and Naka) and found that it definitely helped with my own blitz! 0 of 0 people found the following review helpful. Four Stars By David H. Krantz A good book. Purchased kindle edition because nook edition apparently did not exist. 2 of 4 people found the following review helpful. very highly recommended Dr. Manuel Gerardo Monasterio Email Master (IECG) By Dr. Manuel Monasterio I have three previous books from Sadler, The QGD, The Slav and the Semi'Slav. His ability to explain the main themes and subtle nuances of these openings is outstanding. In this new book Sadler and his co-author have written a real Winner. The chapters on Tiviakov and Arkell alone, are worthing three times the whole book. This book is a must, very highly recommended Dr. Manuel Gerardo Monasterio Email Master (IECG)

In this thought-provoking, wide-ranging and often inspiring book, the authors examine how chess style and abilities vary with age. The conventional wisdom is that greater experience should compensate for a loss of youthful energy, but with so many of the world elite currently in their twenties, chess is increasingly looking like a young mans game. By making a number of case studies and interviewing players who have stayed strong into their forties, fifties and beyond, the authors show in detail how players can steer their games towards positions where their experience can shine through. Interviewees include: GM John Nunn GM Yasser Seirawan GM Nigel Short GM Judit Polgar GM Keith Arkell GM Pia Cramling FM Terry Chapman GM Jon Speelman GM Sergei Tiviakov WIM Ingrid Lauterbach By examining so many aspects of chess, the authors have written a work that ends up transcending its subject-matter, and becomes a text on how and why we love chess, the means by which we can play successfully whatever our age and level of play, and how chess is truly a game for life. Matthew Sadler is one of the strongest British players of recent decades. Having become a GM in his teens, he twice won the British Championship and was awarded an individual gold medal at the 1996 Olympiad. After concentrating on an IT career for more than a decade, he returned to high-level chess in 2010 and quickly regained a spot in the world top 100. Matthews struggles to bring his game back up to speed after his long break were part of the inspiration for this book. Natasha Regan is a Womens International Master from England who achieved a degree in mathematics from Cambridge University. While pursuing a successful career as an actuary in the insurance industry, she has raised a family and maintained a strong interest in chess and other board games, including Go.

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