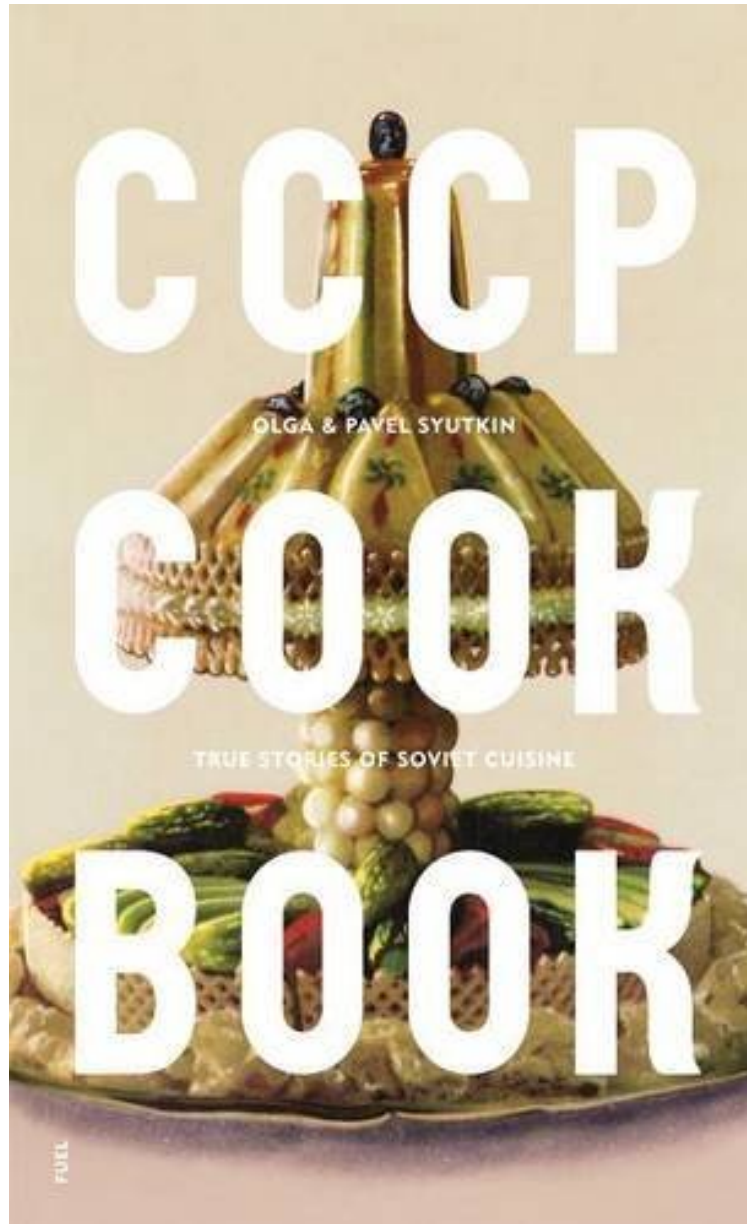


[Free] CCCP COOK BOOK: True Stories of Soviet Cuisine

CCCP COOK BOOK: True Stories of Soviet Cuisine

Olga Syutkin, Pavel Syutkin
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Olga Syutkin, Pavel Syutkin : CCCP COOK BOOK: True Stories of Soviet Cuisine before purchasing it in order to gage whether or not it would be worth my time, and all praised CCCP COOK BOOK: True Stories of Soviet Cuisine:

6 of 7 people found the following review helpful. Strange little cook bookBy owlflight22What a strange little cook book. The illustrations take the reader back to another day and age and the recipes, while not as good as those I grew up with, are still worth a try. The book is small and the binding is typical of the old Soviet method of binding. Speaking of small, the book is a lot smaller than one might expect for the price, but the contents are what it's about.0 of 0 people found the following review helpful. Five StarsBy William L. LacivitaYou want to cook Soviet Here is your chance to shine.3 of 4 people found the following review helpful. Highly RecommendBy Donald A. BrodzikTerrific book, lots of great ideas. A rich selection from snacks, soups, main dishes and desserts. Quite easy to follow. Whereas some items would not be typically encountered here (roast pig, rabbit) the bulk of the material is available locally. Only disappointment I had no potato dishes. I think I'll try to make Kvass. Or how about Chicken Kiev? Or that old stand by Golubtsy.

As the Soviet Union struggled along the path to communism, food shortages were commonplace, and both Party authorities and Soviet citizens had to apply every ounce of ingenuity to maximize often-inadequate resources. The stories and recipes contained in the CCCP Cook Book reflect these turbulent times: from basic subsistence meals consumed by the average citizen (like okroshka, a cold soup made with the fermented beverage kvass) to extravagant banquets held by the political elite (suckling pig with buckwheat), with a scattering of classics (beef stroganoff) in between. Each recipe is introduced with a historical story or anecdote from the period, and illustrated using images sourced from original Soviet recipe books collected by the authors, food historians Olga and Pavel Syutkin. Many of the sometimes extraordinary-looking pictures depict dishes whose recipes used unobtainable ingredients, placing them firmly in the realm of "aspirational" fantasy for the average Soviet household. In their content and presentation, the recipes and illustrations act as windows into the cuisine and culture of the era. CCCP Cook Book offers an illustrated history of Soviet cuisine told through the stories and popular recipes from the period. The book contains 60 recipes from the Soviet period, including such delicacies as aspic, borscht, caviar and herring, by way of bird's milk cake and pelmeni.

CCCP Cook Book is an amazing work of culinary history. The book as an object is a marvel... Its my new "You Must Buy This Book" recommendation for my foodie friends. (Christina Ward BoingBoing)From Russia with Mayonnaise (Pavel Syutkin NPR)Food for comrades. (The Guardian Gift Guide)If you think of the Soviet period in Russia as a culinary desert, a new book in English by the country's most prominent food historians, Olga and Pavel Syutkin, may change your mind (Michele A. Berdy The Moscow Times)Soviet food nostalgia has taken off in the last few years, as a post-Cold War generation grows up intrigued by a period which many older than them would rather forget. Soviet-style canteens like Kamchatka serve herring in a fur coat to queues of Moscow hipsters, Olga and Pavel Syutkins CCCP Cook Book continues the trend, serving up recipes of Soviet-era classics while delving into the stories behind the dishes to offer a cultural history of the USSR through its food (The Calvert Journal)Food shortages and limited access to staples like bread, milk, and fresh produce were commonplace in the Soviet Union in the 1950s and 1960s. Whenever rations are tight, creativity rules. Every day citizens were inspired to invent dishes that sustained them through long winters and hard economic times (Daniela Galarza Eater)